



My CARE Source is an invaluable support tool for you and your family. Providing around-the-clock access to information, My CARE Source empowers you to take an active role in managing your care.

MY CARE SOURCE

My CARE Source is an innovative web-based solution available for you and your family 24 hours a day, 7 days a week:

DYNAMIC PLAN OF CARE

Personalize your care based on your specific treatment plan. By using *My CARE Source* you can track your responses to therapy, and work with your health care team to find the proper treatment to meet your individual needs. You can learn more about your personal treatment plan through web links.

SYMPTOM AND SIDE EFFECTS MONITORING

Links within your treatment plan web page enable you to monitor and record the symptoms or side effects of your therapy. The information entered into the portal can be printed to share with your health care team members.

MEDICATION AND SUPPLIES REQUEST

You can request medication refills and/or supplies online, arrange for delivery or pick-up and even choose to have your prescriptions filled at the hospital's Health Care Centre Pharmacy. Online payment will soon be available.

APPOINTMENT REQUEST AND CONFIRMATION

Track your medical appointment times, or request schedule changes for selected appointments.

HEALTH PROFILE

You will have the ability to custom-build a comprehensive personalized health history for yourself and/or for your family members.

CARE TEAM MEMBERS DIRECTORY

Access your pre-determined care team from the online directory. Care team member roles and additional community resource information and support is available through easy to use web links.

EDUCATIONAL SUPPORT

The *My CARE Source* portal provides you with patient information and offers links to relevant online resources.

PERSONAL DIARY

Track your thoughts and feelings about your journey through treatment by keeping a personal online diary, documenting how you feel and helping you vocalize those feelings to the members of your health care team.

FREQUENTLY ASKED QUESTIONS

A series of frequently asked questions (FAQs) are available for you to review. If you do not see the answer to your question, it can be documented and printed for review at your next appointment.

You also have the ability to provide feedback regarding services you have received or to obtain technical support regarding *My CARE Source*.



WHAT IS “MY CARE SOURCE”?

For individuals faced with a life-altering illness, *My CARE Source* is a gateway to the care, resources, educational materials and support you need for your journey.

A truly ground-breaking approach to patient empowerment, *My CARE Source* is offered as an internet application. Comprehensive and easy to use, *My CARE Source* allows you to take control of your health care.

“MY CARE SOURCE” OFFERS:

- *A dynamic personalized plan of care*
- *Symptom and side effects monitoring*
- *Medication and supplies request*
- *Appointment request and confirmation*
- *A personalized health profile*
- *A directory of your care team members*
- *Educational support*
- *A person diary*
- *FAQ's, technical support and feedback*

IN PURSUIT OF A HEALTHY COMMUNITY

Innovative patient-focused services such as *My CARE Source* help us achieve our mission to comfort, assess, restore and educate to support the health of our patients and community.

*We are proud to bring you Health Connections
in partnership with our sponsors:*

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For more information on *My CARE Source*,
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EMPOWERING PATIENT MANAGED CARE

Internet-Based Solutions

**My CARE
Source**