

New Mother Support Services provides support, counselling and education for families and health care professionals.

Although the focus of the service is providing support to breastfeeding mothers, telephone support is available for any family or health care professional with concerns about an infant's wellbeing during the first month of life.

Our goal is to nurture the natural and healthy breastfeeding relationship between mother and baby, working hand-in-hand with Physicians, Midwives and the Community Health Department to ensure the best possible start in life for newborns and their families.

New Mother Support Services provides:

Breastfeeding Support for Mothers While in Hospital

Experienced Lactation Consultants are available to provide support and help with breastfeeding during your hospital stay.

Telephone Support

The call-in warmline service provides facts and suggestions for frequently asked breastfeeding and bottlefeeding questions and concerns. We also provide emotional support to families who are coping with the challenges of parenting and baby care in the first 28 days after delivery.

Outpatient Support for Families After Leaving the Hospital

The out-patient clinic provides support for families in the community requiring assistance with breastfeeding. We offer information and practical skills to make breastfeeding enjoyable and successful. The clinic also provides follow-up for early discharge mothers and their babies to assess newborn feedings, weigh babies, and provide information.

Our Professional Team:

New Mother Support Services is comprised of a team of Registered Nurses who are certified as Lactation Consultants.

Our services are available 7 days per week. For appointment, please call:

749-4355

Please bring your provincial health card and hospital green card (if you have one) for both mother and baby.

Where do I go for my visit?

Go to the fourth floor registration desk (4D). You will need to register with the secretary who will tell you how to get to the New Mother Support Service. The visit will last approximately one hour.

What if I cannot attend at the scheduled time?

If it is necessary to change your appointment, please call the New Mother Support Service at least 24 hours before your appointment.

Appointment Date: _____

Appointment Time: _____

NEW MOTHER SUPPORT SERVICE

749-4355

K-W Health Centre
P.O. Box 9056
Kitchener, Ontario N2G 1G3
www.grandriverhospital.on.ca

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NEW MOTHER SUPPORT SERVICE



... promote and support the natural
breastfeeding relationship between
mother and baby

GRAND RIVER
HOSPITAL
Caring Together

