

## **INFORMATION FOR PATIENTS BEING ADMITTED TO FREEPORT**

- ❑ Bring comfortable, washable clothing, proper supportive footwear such as running shoes and personal items such as a toothbrush, toothpaste, mouthwash, soap, shampoo, deodorant, kleenex, comb and brush.
- ❑ In the rehabilitation, functional enhancement, geriatric assessment and neurobehavioural units, you will get dressed every day. Other units encourage their patients to get dressed when they are able.
- ❑ Meals are served in a common dining room
- ❑ Due to allergies, we ask that patients and visitors avoid using scented products such PERFUME, SCENTED AFTER SHAVE OR SCENTED SOAPS.

### **VISITING HOURS**

Immediate family members may visit at any time and are encouraged to attend therapy sessions, particularly if they will be providing care after discharge. Other visitors are encouraged to come outside of therapy appointments, which conclude at 4:00 p.m. on weekdays and weekends.

### **PARKING PASSES**

Monthly and half-monthly parking passes are available at reduced fees and can be obtained by contacting Security at extension 7217.

### **EMERGENCY PROCEDURES AT FREEPORT**

We encourage patients to complete an advance directive, which will give hospital staff instructions about the care that you would like in the event that you suffer an illness that prevents you from expressing your wishes. If you already have a power of attorney document and/or an advance directive, please provide us with a copy for your chart.

Freeport Health Centre is a complex continuing care and rehabilitation hospital therefore many acute services are not available. This includes a cardiac arrest team, intensive care unit and coronary care unit. In the event of a witnessed cardiac arrest, unless we have an advance directive with other directions, the staff will initiate cardiopulmonary resuscitation, call 911 and send you to an acute care hospital in an ambulance.

### **VISITS TO OTHER HOSPITALS/PHYSICIANS OFFICES**

Patients may be referred to other hospitals for tests or follow up appointments, or to a physician's office for a consultation. We encourage family members to provide transportation to appointments, however if patients are unable to find transportation, the hospital will offer assistance. Patients are expected to make their own arrangements for appointments that are not medically essential.

It is best if family members can accompany patients to appointments to provide support and to help remember health information. The hospital does not provide a staff member to accompany patients to appointments unless medical assistance that cannot be provided by a family member is required.



## **FOOD AVAILABLE AT FREEPORT**

Cafeteria:	Open from 9:00 a.m. to 2:00 p.m. Monday through Friday and 11:00 a.m. to 2:00 p.m. on Saturday and Sunday
General Store:	Open from 10:00 a.m. to 4:00 p.m. Monday through Friday and 1:00 p.m. to 4:00 p.m. on Saturday and Sunday
Ice Cream Parlour:	Open most afternoons and weekday evenings
Vending Machines:	Located down the hall from main reception, inside the cafeteria

## **LAUNDRY SERVICE**

The hospital's clinical secretary must label all clothing before wearing. Laundry service is available for an additional charge; please contact the clinical secretary for more details.

## **PASSES**

Patients are encouraged to have short social visits with their friends and family members. Patients in the rehabilitation, functional enhancement and assessment programs are expected to go home on day or weekend passes before being discharged to ensure the discharge is as safe as possible.

The pharmacy department will supply enough medication to last throughout the pass visit, however they must be notified on Wednesday for a weekend pass and two days before a weekday pass. Please inform the nursing staff of any pass plans in advance so that medication requirements can be met, as it may be necessary to obtain medications through a retail pharmacy at your own expense. Non-prescription medication must be purchased as it will not be supplied for day and weekend passes. If required a notice will be stapled to the pass medication bag. Any questions regarding pass medications can be directed to nursing staff or the hospital pharmacists.

## **DISCHARGE**

Patients are discharged when they no longer need the level of care provided by Grand River Hospital. Staff will prepare patients for discharge to the most appropriate care setting whether it be the patients home, a placement in a long term care facility or a retirement home. Please be prepared to leave the hospital by 11:00 a.m. on the day you are to be discharged.

## **QUESTIONS AND COMMENDATIONS**

We encourage patients and families to give us feedback about your care at any time. If you have questions about your care, we suggest that you talk to your attending physician first. If you do not feel comfortable doing this, you may talk to the resource nurse or any other team member to address your needs.