



## **PULMONARY REHABILITATION FREEPORT HEALTH CENTRE**

When chronic lung disease interferes with your daily living, the pulmonary rehabilitation program offers help. The program assists participants to regain control of their breathing, learn how to cope with their lung problem and regain lost energy and strength.

Participants mainly attend as outpatients however, some participants are admitted if they live too far away or are unable to attend as an outpatient due to medical problems.

### **ADMISSION CRITERIA**

- ❑ Patients with lung conditions that result in a decreased ability to function in normal life, despite appropriate medication

### **REFERRAL PROCESS**

Referrals will be accepted from:

- ❑ Respiriologists
- ❑ Family physicians

To receive a referral application, or for further information, please contact us at;

Phone: (519) 749-4300 ext. 7309